



## **Winterbourne Junior Girls' School – 'Sun Safe' Policy – updated June 2023**

### **Rationale**

Winterbourne Junior Girls' School believes in Sun Safety to ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight. We aim to work in partnership with parents/carers and governors, to reinforce awareness about sun safety and promote a healthy school.

### **Policy Procedures**

Our school will:

- We are committed to educating all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme.
- Educate children throughout the curriculum about the cause of skin cancer and how to protect their skin and eyes.
- Educate children to wear clothes that provide good sun protection, and use sunscreens where appropriate.
- Ensure that reminders about sun protection go into communication to parents regularly.
- At appropriate times during the year children will be reminded through our assemblies about 'How to be Sun Safe'.
- Hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch hours, sports and trips.
- Discourage sunbathing.
- Work towards increasing the provision of adequate shade for everybody.
- Encourage staff and parents to act as good role models by practising sun safety.
- Make sure the Sun Safety Policy is working. We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of students and staff (the use of hats, shade etc.).
- Encourage pupils to apply their own sunscreen (supplied by home) before extended periods outdoors such as lunch breaks, PE, or outdoor activities or as necessary.
- Actively encourage pupils to apply sunscreen when UV levels reach 3 or above.
- Encourage students to wear wide brimmed sunhats or hats with neck protection
- Encourage students to wear sunglasses to protect their eyes, as and when appropriate.
- Monitor UV levels daily during warmer months as sun safety measures should be implemented when UV levels reach 3 or above.
- Encourage pupils to increase their water intake.

- Communicate sun safety information through a range of channels e.g. our website, newsletters, text messages, school assemblies and staff meetings.

**We ask parents to work in partnership with the school in providing the following items for their daughters:**

**Suncream** with the following specifications

- A minimum Sun Protection Factor (SPF) 30+
- Labelled 'Broad-Spectrum' (providing both UVA and UVB protection).
- That it is applied generously to exposed skin before extended periods outdoors when UV levels reach 3 or above.
- Re-applied every 2 hours and more often if sweating/towelling.

**Sun Hat** – with the following specifications

- either broad-brimmed, bucket style or legionnaire to adequately shade the face, neck and ears (all hats should be plain, in school colours with no logos).
- Baseball caps are **not** recommended.

**Sunglasses**

- CE Marked labels to guarantee UV protection.

**Water**

- Every child should bring a water bottle to school everyday

**REVIEW**

The school will regularly monitor and review the effectiveness of this policy and will update the policy on an annual basis in-line with renewing our Sun Safe Schools accreditation

