

# Winterbourne Junior Girls' School



## Sports Week Newsletter

Tuesday 25th—Friday 28th June 2019

Next week Winterbourne Junior Girls' School will be having their Sports week.



This will include:

**Cheerleading**

**Safe use of scooters**

**Hula hoop off**

**Skipathon**



**1st Aid Training (1st & 2nd July)**

**Whole School Zumba session to which parents are invited to take part**

Specialist coaches will be coming in to run some of the above activities, which the children will love.



Alongside PE sessions, children will also be taking part in the **'Daily Mile'**. This is where the children, and class teacher, will walk, run, jog or even scoot for roughly a mile around our school's Daily Mile route.

**Children are expected to wear their school PE kit and trainers to school each day in order to comfortably take part in all the activities.**

**We would also advise that children follow the 'Sunsafe rules' (i.e. sunblock, hat and sunglasses) they should also bring a water bottle to school as it is forecast to be a hot and dry week.**