



P.E. Overview

Term	Year 3	Year 4	Year 5	Year 6
Autumn 1	Dance (Coach from Sports Active) Personal Skills with a physical focus on Coordination: Floor movement patterns & static balances. (Class Teacher).	Dance (Coach from Sports Active) Personal Skills with a physical focus on Coordination: Floor movement patterns & static balances. (Class Teacher). One Year 4 class will go Swimming.	Dance (Coach from Sports Active) Real PE Unit 1- Cognitive Skills with a physical focus on coordination- Ball Skills & Agility. (Class Teacher).	Dance (Coach from Sports Active) Real PE Unit 1- Cognitive Skills with a physical focus on coordination- Ball Skills & Agility. (Class Teacher).
Autumn 2	Football (Coach from Sports Active) Social Skills with a physical focus on dynamic balance, agility & static balance. (Class Teacher).	Football (Coach from Sports Active) Social Skills with a physical focus on dynamic balance, agility & static balance. (Class Teacher). One Year 4 class will go Swimming.	Football (Coach from Sports Active) Creative Skills with a physical focus on seated, static balance & floorwork.	Football (Coach from Sports Active) Creative Skills with a physical focus on seated, static balance & floorwork.
Spring 1	Netball (Coach from Sports Active) Cognitive Skills with a physical focus on Dynamic Balance & Coordination- Ball skills. (Class Teacher).	Netball (Coach from Sports Active) Cognitive Skills with a physical focus on Dynamic Balance & Coordination- Ball skills. (Class Teacher). One Year 4 class will go Swimming.	Netball (Coach from Sports Active) Social Skills with a physical focus on Dynamic Balance & Counter-Balance in pairs. (Class Teacher).	Netball (Coach from Sports Active) Social Skills with a physical focus on Dynamic Balance & Counter-Balance in pairs. (Class Teacher).
Spring 2	Gymnastics (Coach from Sports Active) Creative skills with a physical focus on coordination with equipment & counter balance in pairs. (Class Teacher).	Gymnastics (Coach from Sports Active) Creative skills with a physical focus on coordination with equipment & counter balance in pairs. (Class Teacher). One Year 3 class will go Swimming.	Gymnastics (Coach from Sports Active) Physical skills with a physical focus on static balance, dynamic balance & agility. (Class Teacher).	Gymnastics (Coach from Sports Active) Physical skills with a physical focus on static balance, dynamic balance & agility. (Class Teacher).
Summer 1	Kwik-Cricket (Coach from Sports Active)	Kwik-Cricket (Coach from Sports Active)	Kwik-Cricket (Coach from Sports Active)	Kwik-Cricket (Coach from Sports Active)



	Physical skills with a physical focus on agility (reaction/response) and static balance: floorwork.	Physical skills with a physical focus on agility (reaction/response) and static balance: floorwork. One Year 3 class will go Swimming.	Health & Fitness skills with a physical focus on static balance: small base & coordination: floor movement patterns.	Health & Fitness skills with a physical focus on static balance: small base & coordination: floor movement patterns.
Summer 2	Rounders (Coach from Sports Active) Health & fitness skills with a physical focus on agility: ball chasing & static balance: small base.	Rounders (Coach from Sports Active) Health & fitness skills with a physical focus on agility: ball chasing & static balance: small base. One Year 3 class will go Swimming.	Rounders (Coach from Sports Active) Personal skills with a physical focus on coordination with equipment & agility: ball chasing.	Rounders (Coach from Sports Active) Personal skills with a physical focus on coordination with equipment & agility: ball chasing.